



## **LOUGHBOROUGH STUDENTS' SPORTS PARACHUTE CLUB**

### **Code of Practice 2011 – 2012**

Parachuting and Skydiving are potentially dangerous activities. Although every precaution is taken to reduce the risk, there is still the possibility of injury or even death. If you cannot accept the risk, you should not participate in the sport.

- BPA membership must be taken to the airfield, along with your log book and declaration of fitness every time you wish to make a parachute jump.

#### **PLEASE READ AND FOLLOW THE INFORMATION BELOW CAREFULLY.**

On purchasing your membership to the above club, via the LSU website, you accept the terms and conditions as laid down by LSU, the Athletic Union and the club. These can be found on <http://www.lufbra.net/au/> on the club's page.

The Athletic Union will offer a full refund to anyone who applies for it before the 31<sup>st</sup> of October of the same year the membership was purchased, provided a valid reason is given for wanting to leave the club. No refunds will be offered after this date, apart from in exceptional circumstances.

- You are reminded that you are solely responsible your conduct when representing the club at home or away fixtures, trips and training sessions.
- When travelling on provided transport ie minibuses, coaches, cars - **no alcohol** is permitted to be carried onto/consumed on board at any time – please note that the driver has the right to refuse to carry any individual in contravention of this.

Any breach of conduct will be looked upon seriously and could result in expulsion from the Athletic Union club and Loughborough Students' Union. **Help us to maintain Loughborough's good name at all times!**

#### **UNIVERSITY FACILITIES**

When using University facilities, all members must abide by the rules and regulations as set down by the Sports Development Centre (copies held by the club committee and the Athletic Union)

#### **GENERAL**

All club members will become members of the British Parachute Association before and as part of training. All club members will abide by the B.P.A. Operations Manual as can be found at the airfield and:

#### **GOVERNING BODY**

<http://www.bpa.org.uk/training>

All training sessions are held at Langar Airfield, Nottingham

- All club members will hold a valid Declaration of Fitness.
- All club members to wear suitable clothing, at present this is strong trainers (not boots with metal parts), both arms and legs must be covered.
- Equipment needed for training is provided by Langer ie jumpsuits, helmets, goggles, altimeters and parachutes.
- When on the airfield, you will show due consideration for the safety of yourself and will not recklessly endanger the safety of others by ignoring the airfield's regulations or other instructions as advised.

## **TRAINING**

- All club members will receive initial basic training by an appropriately qualified B.P.A. instructor (under Section 4 of the Operations Manual) and then be given further training as appropriate under Section 4. No member may make a parachute jump without the necessary training.
- All emergency procedures ie aircraft emergencies, static line hang-ups are given during basic training.
- Additional training is required for formation jumping, wing flights etc – again available.
- All training (at the member's expense) is required to be logged in the personal logbook.
- The logbook must be carried and produced at the airfield when handing in the jump ticket.
- No member should give instruction of any kind to anyone.

## **EQUIPMENT**

- Student training equipment used may only be hired from a B.P.A. registered centre who will maintain the equipment under B.P.A. guidelines.
- All equipment owned by the club will be maintained and inspected under the B.P.A. Operation guidelines (currently 3 parachutes).
- All the club's equipment is stored at Langar and after full BPA training, members can opt to be trained in packing main parachutes. However, they are not allowed to pack the reserve 'chutes.
- Club owned equipment may only be used by a suitably experienced person, as advised by a qualified instructor.
- Members must inform the Equipment Officer before their first use of club owned equipment and also if it is found to be faulty.

## **COMPETITIONS**

Only the club's experienced members may enter into a variety of freefall competitions each year.

All competitors must follow the BPA guidelines and any other regulation set by the competition organiser.

## **FIRST AID**

- Medibags are provided for club use (one for each team) – these must be taken to all training sessions and matches/tournaments etc , both home and away– the club's committee to distribute.
- Members are encouraged to take the first aid course run by the Sports Development Centre.

## **ACCIDENT REPORTING**

The club must ensure that at every training session/match (both home or away) and at any other club related activity it appoints one of its members involved in the activity on the day who will be responsible for:

- (a) Making sure that those present (including any opposition) are aware of emergency procedures for that activity
- (b) Being responsible for implementing those procedures (see below) for anyone present at that session should an accident/injury arise
- (c) When at an 'away' event, and before the start, to familiarize himself/herself with the emergency procedures at the venue.
- (d) Should an accident/dangerous occurrence (near miss) happen, then the appointed person must ensure that an **LSU ACCIDENT FORM** is completed as soon as possible and returned to Loughborough Students' Athletic Union within 24 hours of the accident occurring.

Copies of this form are to be found inside the club's medibag and also in the holder outside the Athletic Union door.

- (e) If the accident is serious and requires A & E hospital treatment, then the Athletic Union President should be immediately notified (01509 635054). If he/she does not reply, then Loughborough University Security must be informed (01509 222141)
- (f) Also, if on university campus, the accident must be reported to the duty member of staff for that facility.

**Please read the following information carefully, and if you are unclear about these procedures, then please call into the Athletic Union.**

**WEDNESDAYS AND SATURDAYS – OCTOBER UNTIL MARCH**  
**PARAMEDIC COVER provided by Athletic Union**

Paramedic situated outside the Rubbercrumb pitch– vehicle well marked with logo on sides and blue light on roof; is on duty from start of first AU fixture and until end of last AU fixture.

**WHEN TO CALL PARAMEDIC**

- Any head or neck injuries or loss of consciousness - **CALL IMMEDIATELY - ON NO ACCOUNT MOVE INJURED PERSON** from pitch/area until Paramedic arrives
- Any difficulty in breathing or any form of chest pain
- Any wound other than a graze

**HOW TO CONTACT PARAMEDIC**

The appointed person to have access to a mobile telephone/is aware of nearest campus telephone and follows procedure as below:

Phone SECURITY 01509 222141

Ask for Paramedic to be dispatched - state which team/club; where injured person is; brief description of injury

**AT ALL OTHER TIMES WHEN PARAMEDIC COVER IS NOT PRESENT – the following procedures apply:**

- (a) **Dial (9) 999 for the EMERGENCY SERVICES** – please note that the red emergency phones can be used to dial the emergency (9) 999 number. Please see the list below for emergency phone locations
- (b) **Inform Security** that ambulance is on its way and give them your location/building. Please dial 888 If using any internal university phone (including red phone) or 0800 526966 if using any other phone
- (c) **Inform the Duty Staff** who run the facility (see below) of location/building and nature of incident, who will then complete the University accident report sheet.
- (d) The club is required to complete the **LSU Accident Report Form (as (d) above)**
- (e) For all other first aid occurrences please contact the Duty Staff in charge of that Facility.

**Location of Facilities' Emergency Internal Telephones**

Athletics Pavilion	Side of counter (white phone)
Dance Studio	Corridor (white phone)
Dan Maskell Tennis Centre	Foyer (white phone)
EHB Squash Courts	Near Recreation Assistant's office (maroon phone)
EIS Pool	Reception (duty person or lifeguard)
HIPAC	Entrance Foyer (maroon phone)
Hockey Pavilion	Middle door entrance (maroon phone)
National Cricket Centre	Main entrance foyer on right hand wall (maroon phone)
Netball/Badminton Centre	Main foyer (white phone)
New Sports Hall	Foyer (maroon phone)
Performance Enhancement Centre	PEC Sports Reception (duty person)
Taekwondo Centre	PEC Sports Reception (duty person)
Victory Hall	Foyer (maroon phone)

For other campus areas/pitches, telephone Duty Staff:

ASHBY UNIT  
07818 625839

Brockington (cricket)  
Cayley 1  
EHB Sporturf  
Waterbase Hockey Pitch

EPINAL UNIT  
07518 034822

Brockington Pitch (lacrosse, football, cricket nets)  
Hazlerigg Tennis Courts  
Holywell  
1<sup>st</sup> XV  
Paddock  
Rubbercrumb  
Towers Pitch

FOREST UNIT  
07788 646130

Badminton/Netball Centre  
Dan Maskell Tennis Centre  
LTA (outside courts)  
Towers (tennis courts)

SECURITY GATEHOUSE  
**01509 222141**

Frank Williams/Joel Chappell/Ann Wilson 17 June 2011