



LOUGHBOROUGH STUDENTS' NETBALL CLUB

Code of Practice 2011 – 2012

PLEASE READ AND FOLLOW THE INFORMATION BELOW CAREFULLY.

On purchasing your membership to the above club, via the LSU website, you accept the terms and conditions as laid down by LSU, the Athletic Union and the club. These can be found on <http://www.lufbra.net/au/> on the club's page.

The Athletic Union will offer a full refund to anyone who applies for it before the 31st of October of the same year the membership was purchased, provided a valid reason is given for wanting to leave the club. No refunds will be offered after this date, apart from in exceptional circumstances.

- You are reminded that you are solely responsible your conduct when representing the club at home or away fixtures, trips and training sessions.
- When travelling on provided transport ie minibuses, coaches, cars - **no alcohol** is permitted to be carried onto/consumed on board at any time – please note that the driver has the right to refuse to carry any individual in contravention of this.

Any breach of conduct will be looked upon seriously and could result in expulsion from the Athletic Union club and Loughborough Students' Union. **Help us to maintain Loughborough's good name at all times!**

UNIVERSITY FACILITIES

When using University facilities, all members must abide by the rules and regulations as set down by the Sports Development Centre (copies held by the club committee and the Athletic Union).

GENERAL

The club affiliates to the England Netball Association, Loughborough and the Charnwood League on Saturdays. Members must abide by the rules and regulations of these bodies (copies available from the club's committee).

GOVERNING BODY

<http://live.englishnetball.co.uk/>

- At the start of the year, members will be shown by the club's committee manual handling techniques for moving various items of equipment to and from the storage areas (ie weights, benches, mats).
- Whilst playing/training in the Netball Centre no bags or benches should be positioned along the two long walls, but should be located at the ends of the hall.
- When not in use (especially after warm ups before matches) balls should be gathered up and stored in the provided bags by the benches or at one end of the court.
- Should any items of equipment found to be faulty, then members should not use them and also report them to the person taking the session (who will report these faults to the SDC duty manager).
- Adequate footwear (no plimsolls or fashion trainers) should be worn for the type of surfacing being used. Indoor shoes only should be worn in the Netball Centre. Shoes with adequate grips should be worn on all courts.
- Suitable clean, sports clothing to be worn at training (no jeans!)
- Everyone should be aware of other activities taking place on adjoining courts and also the position of any dividing nets which may be in place.

- No food permitted to be taken into the New Netball Centre for any club session or match, but drinks for rehydration are essential.
- Water bottles not allowed onto playing surfaces and must be stored away from the sidelines and not cause a hazards to other users.
- No jewellery shall be worn whilst training/playing matches.
- For safety, finger nails should be kept short as stipulated by the All England Netball Association. Training sessions are taken by a qualified coach and in her absence, by a senior member of the club.
- Spectators at both training and matches should use the balcony and not stand alongside the court.

COACHING

Members are coached by suitably appointed qualified external coaches (level 2 minimum) and also experienced student members (working towards or holding level 1 awards)

The club's committee and coaches encourage members to gain England Netball coaching/umpiring awards and make members aware of any courses coming up.

FIRST AID

- Medibags are provided for club use (one for each team) – these must be taken to all training sessions and matches/tournaments etc , both home and away– the club's committee to distribute.
- Members are encouraged to take the first aid course run by the Sports Development Centre.

ACCIDENT REPORTING

The club must ensure that at every training session/match (both home or away) and at any other club related activity it appoints one of its members involved in the activity on the day who will be responsible for:

- (a) Making sure that those present (including any opposition) are aware of emergency procedures for that activity
- (b) Being responsible for implementing those procedures (see below) for anyone present at that session should an accident/injury arise
- (c) When at an 'away' event, and before the start, to familiarize himself/herself with the emergency procedures at the venue.
- (d) Should an accident/dangerous occurrence (near miss) happen, then the appointed person must ensure that an **LSU ACCIDENT FORM** is completed as soon as possible and returned to Loughborough Students' Athletic Union within 24 hours of the accident occurring.

Copies of this form are to be found inside the club's medibag and also in the holder outside the Athletic Union door.

- (e) If the accident is serious and requires A & E hospital treatment, then the Athletic Union President should be immediately notified (01509 635054). If he/she does not reply, then Loughborough University Security must be informed (01509 222141)
- (f) Also, if on university campus, the accident must be reported to the duty member of staff for that facility.

Please read the following information carefully, and if you are unclear about these procedures, then please call into the Athletic Union.

WEDNESDAYS AND SATURDAYS – OCTOBER UNTIL MARCH **PARAMEDIC COVER provided by Athletic Union**

Paramedic situated outside the Rubbercrumb pitch– vehicle well marked with logo on sides and blue light on roof; is on duty from start of first AU fixture and until end of last AU fixture.

WHEN TO CALL PARAMEDIC

- Any head or neck injuries or loss of consciousness - **CALL IMMEDIATELY - ON NO ACCOUNT MOVE INJURED PERSON** from pitch/area until Paramedic arrives
- Any difficulty in breathing or any form of chest pain
- Any wound other than a graze

HOW TO CONTACT PARAMEDIC

The appointed person to have access to a mobile telephone/is aware of nearest campus telephone and follows procedure as below:

Phone SECURITY 01509 222141

Ask for Paramedic to be dispatched - state which team/club; where injured person is; brief description of injury

AT ALL OTHER TIMES WHEN PARAMEDIC COVER IS NOT PRESENT – the following procedures apply:

- (a) **Dial (9) 999 for the EMERGENCY SERVICES** – please note that the red emergency phones can be used to dial the emergency (9) 999 number. Please see the list below for emergency phone locations
- (b) **Inform Security** that ambulance is on its way and give them your location/building. Please dial 888 If using any internal university phone (including red phone) or 0800 526966 if using any other phone
- (c) **Inform the Duty Staff** who run the facility (see below) of location/building and nature of incident, who will then complete the University accident report sheet.
- (d) The club is required to complete the **LSU Accident Report Form (as (d) above)**
- (e) For all other first aid occurrences please contact the Duty Staff in charge of that Facility.

Location of Facilities' Emergency Internal Telephones

Athletics Pavilion	Side of counter (white phone)
Dance Studio	Corridor (white phone)
Dan Maskell Tennis Centre	Foyer (white phone)
EHB Squash Courts	Near Recreation Assistant's office (maroon phone)
EIS Pool	Reception (duty person or lifeguard)
HIPAC	Entrance Foyer (maroon phone)
Hockey Pavilion	Middle door entrance (maroon phone)
National Cricket Centre	Main entrance foyer on right hand wall (maroon phone)
Netball/Badminton Centre	Main foyer (white phone)
New Sports Hall	Foyer (maroon phone)
Performance Enhancement Centre	PEC Sports Reception (duty person)
Taekwondo Centre	PEC Sports Reception (duty person)
Victory Hall	Foyer (maroon phone)

For other campus areas/pitches, telephone Duty Staff:

<u>ASHBY UNIT</u> 07818 625839	Brockington (cricket) Cayley 1 EHB Sporturf Waterbase Hockey Pitch
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<u>EPINAL UNIT</u> 07518 034822	Brockington Pitch (lacrosse, football, cricket nets) Hazlerigg Tennis Courts Holywell 1 st XV Paddock Rubbercrumb Towers Pitch
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<u>FOREST UNIT</u>	Badminton/Netball Centre
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07788 646130

Dan Maskell Tennis Centre
LTA (outside courts)
Towers (tennis courts)

SECURITY GATEHOUSE

01509 222141

Rachel Davison/Ann Wilson 16 June 2011